



Detailed evaluation

Engelke, Steffen

Total time: 1:28:31

Club: Falkensee

Number: 563

Course: 32.69 km

Rank in course/Total: 53 (of 318)

Jedermann/Sprint

Rank in course/Men: 48 (of 226)

Best time in course: 1:14:36

Category:

Rank in category: 6(of 28)

SEN3 / TM 50

Best time in the category: 1:22:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.70	19:04	27:14	16	5:15	117	7:32	0.70	19:04	27:14	16	5:15	117	7:32
Wechsel S -> R	0.26	2:55	11:13	13	1:05	107	1:35	0.96	21:59	22:53	16	5:58	110	9:01
Schwimmen Total	0.96	21:59	22:53	16	5:58	110	9:01	0.96	21:59	22:53	16	5:58	110	9:01
Rad netto	28.00	49:06	1:45	4	1:34	26	3:47	28.96	1:11:05	2:27	7	4:47	54	11:02
Wechsel R -> L	0.13	1:26	11:01	8	0:27	114	0:48	29.09	1:12:31	2:29	8	4:49	56	11:49
Rad Total	28.13	50:32	1:47	4	1:36	25	4:30	29.09	1:12:31	2:29	8	4:49	56	11:49
Lauf	3.60	16:00	4:26	3	1:19	55	2:45	32.69	1:28:31	2:42	6	5:37	48	13:55