



Detailed evaluation

Rückert, Uwe

Total time: 1:28:59

Club: Berlin

Number: 765

Course: 32.69 km

Rank in course/Total: 58 (of 318)

Jedermann/Sprint

Rank in course/Men: 52 (of 226)

Best time in course: 1:14:36

Category:

Rank in category: 7(of 28)

SEN3 / TM 50

Best time in the category: 1:22:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.70	17:44	25:20	12	3:55	84	6:12	0.70	17:44	25:20	12	3:55	84	6:12
Wechsel S -> R	0.26	2:37	10:03	8	0:47	73	1:17	0.96	20:21	21:11	8	4:20	77	7:23
Schwimmen Total	0.96	20:21	21:11	8	4:20	77	7:23	0.96	20:21	21:11	8	4:20	77	7:23
Rad netto	28.00	51:06	1:49	9	3:34	57	5:47	28.96	1:11:27	2:28	9	5:09	63	11:24
Wechsel R -> L	0.13	1:03	8:04	2	0:04	39	0:25	29.09	1:12:30	2:29	7	4:48	55	11:48
Rad Total	28.13	52:09	1:51	8	3:13	49	6:07	29.09	1:12:30	2:29	7	4:48	55	11:48
Lauf	3.60	16:29	4:34	8	1:48	72	3:14	32.69	1:28:59	2:43	7	6:05	52	14:23