



Detailed evaluation

Kriegel, Heiko

Total time: 1:29:13

Club: Potsdam

Number: 655

Course: 32.69 km

Rank in course/Total: 62 (of 318)

Jedermann/Sprint

Rank in course/Men: 55 (of 226)

Best time in course: 1:14:36

Category:

Rank in category: 5(of 22)

SEN2 / TM 45

Best time in the category: 1:19:17

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.70	15:53	22:41	3	2:24	34	4:21	0.70	15:53	22:41	3	2:24	34	4:21
Wechsel S -> R	0.26	2:55	11:13	11	1:02	107	1:35	0.96	18:48	19:35	4	3:11	43	5:50
Schwimmen Total	0.96	18:48	19:35	4	3:11	43	5:50	0.96	18:48	19:35	4	3:11	43	5:50
Rad netto	28.00	54:37	1:57	14	8:40	138	9:18	28.96	1:13:25	2:32	7	10:30	88	13:22
Wechsel R -> L	0.13	1:14	9:29	4	0:17	71	0:36	29.09	1:14:39	2:33	7	10:41	86	13:57
Rad Total	28.13	55:51	1:59	13	8:51	129	9:49	29.09	1:14:39	2:33	7	10:41	86	13:57
Lauf	3.60	14:34	4:02	1	-	15	1:19	32.69	1:29:13	2:43	5	9:56	55	14:37