



Erkner Triathlon 2.0

Erkner / 09.09.2018

Detailed evaluation

Golzow, Jenns

Club: Greifswald

Number: 593

Course: 32.69 km

Jedermann/Sprint

Category:

SEN1 / TM 40

Total time: 1:29:53

Rank in course/Total: 74 (of 318)

Rank in course/Men: 66 (of 226)

Best time in course: 1:14:36

Rank in category: 9(of 39)

Best time in the category: 1:22:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.70	19:28	27:48	20	6:35	132	7:56	0.70	19:28	27:48	20	6:35	132	7:56
Wechsel S -> R	0.26	2:54	11:09	16	1:08	104	1:34	0.96	22:22	23:17	19	7:17	125	9:24
Schwimmen Total	0.96	22:22	23:17	19	7:17	125	9:24	0.96	22:22	23:17	19	7:17	125	9:24
Rad netto	28.00	50:55	1:49	8	3:02	53	5:36	28.96	1:13:17	2:31	15	7:01	86	13:14
Wechsel R -> L	0.13	1:10	8:58	7	0:19	58	0:32	29.09	1:14:27	2:33	14	6:39	83	13:45
Rad Total	28.13	52:05	1:51	8	2:40	46	6:03	29.09	1:14:27	2:33	14	6:39	83	13:45
Lauf	3.60	15:26	4:17	2	0:42	38	2:11	32.69	1:29:53	2:44	9	7:21	66	15:17