



Detailed evaluation

Gittel, Stefan

Total time: 1:30:33

Club: Erkner

Number: 587

Course: 32.69 km

Rank in course/Total: 85 (of 318)

Jedermann/Sprint

Rank in course/Men: 74 (of 226)

Best time in course: 1:14:36

Category:

Rank in category: 13(of 40)

AK4 / TM 35

Best time in the category: 1:19:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.70	19:30	27:51	25	5:56	135	7:58	0.70	19:30	27:51	25	5:56	135	7:58
Wechsel S -> R	0.26	2:48	10:46	17	1:09	91	1:28	0.96	22:18	23:13	24	6:39	122	9:20
Schwimmen Total	0.96	22:18	23:13	24	6:39	122	9:20	0.96	22:18	23:13	24	6:39	122	9:20
Rad netto	28.00	50:47	1:48	11	5:16	49	5:28	28.96	1:13:05	2:31	18	10:17	83	13:02
Wechsel R -> L	0.13	1:20	10:15	16	0:28	92	0:42	29.09	1:14:25	2:33	17	10:20	81	13:43
Rad Total	28.13	52:07	1:51	9	5:19	48	6:05	29.09	1:14:25	2:33	17	10:20	81	13:43
Lauf	3.60	16:08	4:28	12	2:40	58	2:53	32.69	1:30:33	2:46	13	11:25	74	15:57