



Detailed evaluation

Harding, Sabine

Total time: 1:29:00

Club: Mahlow

Number: 606

Course: 32.69 km

Rank in course/Total: 59 (of 318)

Jedermann/Sprint

Rank in course/Women: 7 (of 92)

Best time in course: 1:23:10

Category:

Rank in category: 1(of 6)

SEN2 / TW 45

Best time in the category: 1:29:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.70	17:08	24:28	1	-	15	3:37	0.70	17:08	24:28	1	-	15	3:37
Wechsel S -> R	0.26	2:33	9:48	1	-	23	1:07	0.96	19:41	20:30	1	-	15	4:40
Schwimmen Total	0.96	19:41	20:30	1	-	15	4:40	0.96	19:41	20:30	1	-	15	4:40
Rad netto	28.00	50:35	1:48	1	-	2	0:12	28.96	1:10:16	2:25	1	-	4	3:51
Wechsel R -> L	0.13	0:52	6:40	1	-	3	0:04	29.09	1:11:08	2:26	1	-	3	3:54
Rad Total	28.13	51:27	1:49	1	-	1	-	29.09	1:11:08	2:26	1	-	3	3:54
Lauf	3.60	17:52	4:57	2	0:04	26	3:19	32.69	1:29:00	2:43	1	-	7	5:50