



Detailed evaluation

Paul, Carsten

Total time: 1:35:30

Club: Potsdam

Number: 725

Course: 32.69 km

Rank in course/Total: 144 (of 318)

Jedermann/Sprint

Rank in course/Men: 123 (of 226)

Best time in course: 1:14:36

Category:

Rank in category: 25(of 40)

AK4 / TM 35

Best time in the category: 1:19:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.70	19:42	28:08	27	6:08	143	8:10	0.70	19:42	28:08	27	6:08	143	8:10
Wechsel S -> R	0.26	3:12	12:18	25	1:33	134	1:52	0.96	22:54	23:51	27	7:15	139	9:56
Schwimmen Total	0.96	22:54	23:51	27	7:15	139	9:56	0.96	22:54	23:51	27	7:15	139	9:56
Rad netto	28.00	54:25	1:56	25	8:54	132	9:06	28.96	1:17:19	2:40	29	14:31	137	17:16
Wechsel R -> L	0.13	0:55	7:03	2	0:03	19	0:17	29.09	1:18:14	2:41	27	14:09	131	17:32
Rad Total	28.13	55:20	1:58	25	8:32	120	9:18	29.09	1:18:14	2:41	27	14:09	131	17:32
Lauf	3.60	17:16	4:47	19	3:48	102	4:01	32.69	1:35:30	2:55	25	16:22	124	20:54