



Detailed evaluation

Zachrau, Robert

Total time: 1:38:21

Club: Berlin

Number: 863

Course: 32.69 km

Rank in course/Total: 171 (of 318)

Jedermann/Sprint

Rank in course/Men: 146 (of 226)

Best time in course: 1:14:36

Category:

Rank in category: 31(of 40)

AK4 / TM 35

Best time in the category: 1:19:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.70	18:05	25:49	19	4:31	93	6:33	0.70	18:05	25:49	19	4:31	93	6:33
Wechsel S -> R	0.26	3:24	13:04	30	1:45	149	2:04	0.96	21:29	22:22	21	5:50	101	8:31
Schwimmen Total	0.96	21:29	22:22	21	5:50	101	8:31	0.96	21:29	22:22	21	5:50	101	8:31
Rad netto	28.00	57:00	2:02	33	11:29	182	11:41	28.96	1:18:29	2:42	31	15:41	152	18:26
Wechsel R -> L	0.13	0:58	7:26	4	0:06	28	0:20	29.09	1:19:27	2:43	30	15:22	143	18:45
Rad Total	28.13	57:58	2:03	32	11:10	172	11:56	29.09	1:19:27	2:43	30	15:22	143	18:45
Lauf	3.60	18:54	5:14	27	5:26	152	5:39	32.69	1:38:21	3:00	31	19:13	147	23:45