



Detailed evaluation

Friedrich, Jana

Total time: 1:34:58

Club: Berlin

Number: 580

Course: 32.69 km

Rank in course/Total: 138 (of 318)

Jedermann/Sprint

Rank in course/Women: 19 (of 92)

Best time in course: 1:23:10

Category:

Rank in category: 2(of 6)

SEN2 / TW 45

Best time in the category: 1:29:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.70	17:36	25:08	2	0:28	20	4:05	0.70	17:36	25:08	2	0:28	20	4:05
Wechsel S -> R	0.26	2:37	10:03	2	0:04	24	1:11	0.96	20:13	21:03	2	0:32	22	5:12
Schwimmen Total	0.96	20:13	21:03	2	0:32	22	5:12	0.96	20:13	21:03	2	0:32	22	5:12
Rad netto	28.00	55:26	1:58	2	4:51	21	5:03	28.96	1:15:39	2:36	2	5:23	17	9:14
Wechsel R -> L	0.13	1:31	11:39	2	0:39	43	0:43	29.09	1:17:10	2:39	2	6:02	18	9:56
Rad Total	28.13	56:57	2:01	2	5:30	23	5:30	29.09	1:17:10	2:39	2	6:02	18	9:56
Lauf	3.60	17:48	4:56	1	-	25	3:15	32.69	1:34:58	2:54	2	5:58	19	11:48