



Detailed evaluation

Paulisch, Steffen

Total time: 1:38:34

Club: Erkner

Number: 726

Course: 32.69 km

Rank in course/Total: 173 (of 318)

Jedermann/Sprint

Rank in course/Men: 147 (of 226)

Best time in course: 1:14:36

Category:

Rank in category: 15(of 22)

SEN2 / TM 45

Best time in the category: 1:19:17

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.70	16:12	23:08	5	2:43	43	4:40	0.70	16:12	23:08	5	2:43	43	4:40
Wechsel S -> R	0.26	4:02	15:30	17	2:09	182	2:42	0.96	20:14	21:04	6	4:37	74	7:16
Schwimmen Total	0.96	20:14	21:04	6	4:37	74	7:16	0.96	20:14	21:04	6	4:37	74	7:16
Rad netto	28.00	57:38	2:03	19	11:41	185	12:19	28.96	1:17:52	2:41	14	14:57	141	17:49
Wechsel R -> L	0.13	1:48	13:50	12	0:51	163	1:10	29.09	1:19:40	2:44	14	15:42	146	18:58
Rad Total	28.13	59:26	2:06	19	12:26	186	13:24	29.09	1:19:40	2:44	14	15:42	146	18:58
Lauf	3.60	18:54	5:14	14	4:20	152	5:39	32.69	1:38:34	3:00	15	19:17	148	23:58