



Erkner Triathlon 2.0

Erkner / 09.09.2018

Detailed evaluation

Röhricht, Maik

Club: Altlandsberg

Number: 755

Course: 32.69 km

Jedermann/Sprint

Category:

SEN1 / TM 40

Total time: 1:39:25

Rank in course/Total: 183 (of 318)

Rank in course/Men: 155 (of 226)

Best time in course: 1:14:36

Rank in category: 25(of 39)

Best time in the category: 1:22:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.70	18:47	26:50	16	5:54	108	7:15	0.70	18:47	26:50	16	5:54	108	7:15
Wechsel S -> R	0.26	4:00	15:23	33	2:14	180	2:40	0.96	22:47	23:43	21	7:42	136	9:49
Schwimmen Total	0.96	22:47	23:43	21	7:42	136	9:49	0.96	22:47	23:43	21	7:42	136	9:49
Rad netto	28.00	52:43	1:52	15	4:50	94	7:24	28.96	1:15:30	2:36	21	9:14	117	15:27
Wechsel R -> L	0.13	2:46	21:16	37	1:55	214	2:08	29.09	1:18:16	2:41	21	10:28	133	17:34
Rad Total	28.13	55:29	1:58	19	6:04	122	9:27	29.09	1:18:16	2:41	21	10:28	133	17:34
Lauf	3.60	21:09	5:52	33	6:25	190	7:54	32.69	1:39:25	3:02	25	16:53	156	24:49