Erkner Triathlon 2.0

Erkner / 09.09.2018

Detailed evaluation

Lange, Stefan

Total time: 1:39:47

Club: Berlin
Number: 663

Course: 32.69 km
Jedermann/Sprint

Rank in course/Total: 188 (of 318)
Rank in course/Men: 159 (of 226)
Best time in course: 1:14:36

Category:
SEN3 / TM 50

Rank in category: 21(of 28)
Best time in the category: 1:22:54

Intermediate times

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
	Stage score							Total ranking						
Schwimmen nett	0.70	17:27	24:55	8	3:38	75	5:55	0.70	17:27	24:55	8	3:38	75	5:55
Wechsel S -> R	0.26	3:42	14:13	22	1:52	165	2:22	0.96	21:09	22:01	12	5:08	96	8:11
Schwimmen Tota	0.96	21:09	22:01	12	5:08	96	8:11	0.96	21:09	22:01	12	5:08	96	8:11
Rad netto	28.00	56:50	2:01	24	9:18	177	11:31	28.96	1:17:59	2:41	19	11:41	142	17:56
Wechsel R -> L	0.13	0:59	7:33	1	-	31	0:21	29.09	1:18:58	2:42	18	11:16	138	18:16
Rad Total	28.13	57:49	2:03	23	8:53	167	11:47	29.09	1:18:58	2:42	18	11:16	138	18:16
Lauf	3.60	20:49	5:46	22	6:08	179	7:34	32.69	1:39:47	3:03	21	16:53	160	25:11