



Detailed evaluation

Lorenz, Uwe

Total time: 1:39:52

Club: Berlin

Number: 676

Course: 32.69 km

Rank in course/Total: 189 (of 318)

Jedermann/Sprint

Rank in course/Men: 160 (of 226)

Best time in course: 1:14:36

Category:

Rank in category: 6(of 15)

SEN4 / TM 55

Best time in the category: 1:27:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.70	20:14	28:54	12	4:46	156	8:42	0.70	20:14	28:54	12	4:46	156	8:42
Wechsel S -> R	0.26	4:04	15:38	7	1:53	184	2:44	0.96	24:18	25:18	11	6:29	178	11:20
Schwimmen Total	0.96	24:18	25:18	11	6:29	178	11:20	0.96	24:18	25:18	11	6:29	178	11:20
Rad netto	28.00	54:09	1:56	4	3:23	127	8:50	28.96	1:18:27	2:42	5	9:40	150	18:24
Wechsel R -> L	0.13	1:50	14:06	11	0:43	171	1:12	29.09	1:20:17	2:45	6	10:10	156	19:35
Rad Total	28.13	55:59	1:59	4	3:53	135	9:57	29.09	1:20:17	2:45	6	10:10	156	19:35
Lauf	3.60	19:35	5:26	6	3:53	167	6:20	32.69	1:39:52	3:03	6	12:06	161	25:16