



Detailed evaluation

Fron, Marcel

Total time: 1:40:07

Club: Berlin

Number: 581

Course: 32.69 km

Rank in course/Total: 192 (of 318)

Jedermann/Sprint

Rank in course/Men: 162 (of 226)

Best time in course: 1:14:36

Category:

Rank in category: 29(of 35)

AK3 / TM 30

Best time in the category: 1:17:33

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.70	20:29	29:15	31	7:35	168	8:57	0.70	20:29	29:15	31	7:35	168	8:57
Wechsel S -> R	0.26	3:04	11:47	25	1:36	118	1:44	0.96	23:33	24:31	32	8:11	158	10:35
Schwimmen Total	0.96	23:33	24:31	32	8:11	158	10:35	0.96	23:33	24:31	32	8:11	158	10:35
Rad netto	28.00	56:43	2:01	28	10:48	175	11:24	28.96	1:20:16	2:46	30	16:36	172	20:13
Wechsel R -> L	0.13	2:01	15:30	31	1:23	184	1:23	29.09	1:22:17	2:49	30	17:59	172	21:35
Rad Total	28.13	58:44	2:05	30	12:11	180	12:42	29.09	1:22:17	2:49	30	17:59	172	21:35
Lauf	3.60	17:50	4:57	25	4:35	125	4:35	32.69	1:40:07	3:03	29	22:34	163	25:31