



Detailed evaluation

Lenz, Dörg

Club: Berlin

Number: 667

Course: 32.69 km

Jedermann/Sprint

Category:

SEN3 / TM 50

Total time: 1:42:18

Rank in course/Total: 214 (of 318)

Rank in course/Men: 176 (of 226)

Best time in course: 1:14:36

Rank in category: 24(of 28)

Best time in the category: 1:22:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.70	22:20	31:54	24	8:31	202	10:48	0.70	22:20	31:54	24	8:31	202	10:48
Wechsel S -> R	0.26	4:31	17:22	25	2:41	200	3:11	0.96	26:51	27:58	23	10:50	201	13:53
Schwimmen Total	0.96	26:51	27:58	23	10:50	201	13:53	0.96	26:51	27:58	23	10:50	201	13:53
Rad netto	28.00	53:41	1:55	18	6:09	120	8:22	28.96	1:20:32	2:46	22	14:14	173	20:29
Wechsel R -> L	0.13	2:08	16:24	22	1:09	191	1:30	29.09	1:22:40	2:50	23	14:58	174	21:58
Rad Total	28.13	55:49	1:59	17	6:53	128	9:47	29.09	1:22:40	2:50	23	14:58	174	21:58
Lauf	3.60	19:38	5:27	21	4:57	169	6:23	32.69	1:42:18	3:07	24	19:24	177	27:42