



Detailed evaluation

Hengst, Ines

Total time: 1:42:03

Club: Erkner

Number: 615

Course: 32.69 km

Rank in course/Total: 210 (of 318)

Jedermann/Sprint

Rank in course/Women: 38 (of 92)

Best time in course: 1:23:10

Category:

Rank in category: 8(of 21)

SEN1 / TW 40

Best time in the category: 1:30:04

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.70	17:11	24:32	2	0:28	16	3:40	0.70	17:11	24:32	2	0:28	16	3:40
Wechsel S -> R	0.26	4:40	17:56	18	2:49	81	3:14	0.96	21:51	22:45	6	2:23	32	6:50
Schwimmen Total	0.96	21:51	22:45	6	2:23	32	6:50	0.96	21:51	22:45	6	2:23	32	6:50
Rad netto	28.00	57:37	2:03	7	3:49	32	7:14	28.96	1:19:28	2:44	6	5:44	29	13:03
Wechsel R -> L	0.13	1:36	12:18	11	0:40	49	0:48	29.09	1:21:04	2:47	5	6:15	29	13:50
Rad Total	28.13	59:13	2:06	7	4:27	32	7:46	29.09	1:21:04	2:47	5	6:15	29	13:50
Lauf	3.60	20:59	5:49	12	5:44	53	6:26	32.69	1:42:03	3:07	8	11:59	38	18:53