



Detailed evaluation

Kamin, Friedhelm

Total time: 1:46:37

Club: Erkner

Number: 631

Course: 32.69 km

Rank in course/Total: 237 (of 318)

Jedermann/Sprint

Rank in course/Men: 188 (of 226)

Best time in course: 1:14:36

Category:

Rank in category: 5(of 5)

SEN6 / TM 65

Best time in the category: 1:29:47

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.70	19:16	27:31	3	3:31	125	7:44	0.70	19:16	27:31	3	3:31	125	7:44
Wechsel S -> R	0.26	4:11	16:05	5	1:23	187	2:51	0.96	23:27	24:25	4	4:47	155	10:29
Schwimmen Total	0.96	23:27	24:25	4	4:47	155	10:29	0.96	23:27	24:25	4	4:47	155	10:29
Rad netto	28.00	59:24	2:07	5	8:43	195	14:05	28.96	1:22:51	2:51	5	12:54	187	22:48
Wechsel R -> L	0.13	1:32	11:47	2	0:22	125	0:54	29.09	1:24:23	2:54	5	12:48	188	23:41
Rad Total	28.13	1:00:56	2:09	5	8:38	194	14:54	29.09	1:24:23	2:54	5	12:48	188	23:41
Lauf	3.60	22:14	6:10	5	4:44	200	8:59	32.69	1:46:37	3:15	5	16:50	189	32:01