



Detailed evaluation

Olthoff, Heike

Total time: 1:43:47

Club: Berlin

Number: 712

Course: 32.69 km

Rank in course/Total: 224 (of 318)

Jedermann/Sprint

Rank in course/Women: 41 (of 92)

Best time in course: 1:23:10

Category:

Rank in category: 5(of 12)

SEN3 / TW 50

Best time in the category: 1:29:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.70	21:15	30:21	10	4:29	70	7:44	0.70	21:15	30:21	10	4:29	70	7:44
Wechsel S -> R	0.26	4:02	15:30	9	2:06	74	2:36	0.96	25:17	26:20	9	6:19	73	10:16
Schwimmen Total	0.96	25:17	26:20	9	6:19	73	10:16	0.96	25:17	26:20	9	6:19	73	10:16
Rad netto	28.00	56:40	2:01	5	4:50	29	6:17	28.96	1:21:57	2:49	5	10:01	40	15:32
Wechsel R -> L	0.13	1:42	13:04	5	0:32	61	0:54	29.09	1:23:39	2:52	6	10:07	41	16:25
Rad Total	28.13	58:22	2:04	5	4:48	30	6:55	29.09	1:23:39	2:52	6	10:07	41	16:25
Lauf	3.60	20:08	5:35	3	4:07	44	5:35	32.69	1:43:47	3:10	5	14:06	41	20:37