



Detailed evaluation

Liesenberg, Martin

Total time: 1:47:32

Club: Berlin

Number: 670

Course: 32.69 km

Rank in course/Total: 245 (of 318)

Jedermann/Sprint

Rank in course/Men: 193 (of 226)

Best time in course: 1:14:36

Category:

Rank in category: 33(of 35)

AK3 / TM 30

Best time in the category: 1:17:33

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.70	25:24	36:17	34	12:30	213	13:52	0.70	25:24	36:17	34	12:30	213	13:52
Wechsel S -> R	0.26	4:36	17:41	33	3:08	201	3:16	0.96	30:00	31:15	35	14:38	215	17:02
Schwimmen Total	0.96	30:00	31:15	35	14:38	215	17:02	0.96	30:00	31:15	35	14:38	215	17:02
Rad netto	28.00	57:17	2:02	31	11:22	184	11:58	28.96	1:27:17	3:00	33	23:37	202	27:14
Wechsel R -> L	0.13	2:16	17:26	33	1:38	200	1:38	29.09	1:29:33	3:04	33	25:15	201	28:51
Rad Total	28.13	59:33	2:07	31	13:00	187	13:31	29.09	1:29:33	3:04	33	25:15	201	28:51
Lauf	3.60	17:59	4:59	26	4:44	131	4:44	32.69	1:47:32	3:17	33	29:59	194	32:56