



Detailed evaluation

Schwellnus, Heike

Total time: 1:53:27

Club: Schoeneiche

Number: 799

Course: 32.69 km

Rank in course/Total: 269 (of 318)

Jedermann/Sprint

Rank in course/Women: 66 (of 92)

Best time in course: 1:23:10

Category:

Rank in category: 5(of 6)

SEN2 / TW 45

Best time in the category: 1:29:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.70	22:23	31:58	5	5:15	80	8:52	0.70	22:23	31:58	5	5:15	80	8:52
Wechsel S -> R	0.26	3:17	12:37	4	0:44	51	1:51	0.96	25:40	26:44	5	5:59	74	10:39
Schwimmen Total	0.96	25:40	26:44	5	5:59	74	10:39	0.96	25:40	26:44	5	5:59	74	10:39
Rad netto	28.00	1:01:10	2:11	3	10:35	51	10:47	28.96	1:26:50	2:59	3	16:34	58	20:25
Wechsel R -> L	0.13	2:15	17:18	6	1:23	85	1:27	29.09	1:29:05	3:03	3	17:57	61	21:51
Rad Total	28.13	1:03:25	2:15	3	11:58	52	11:58	29.09	1:29:05	3:03	3	17:57	61	21:51
Lauf	3.60	24:22	6:46	6	6:34	76	9:49	32.69	1:53:27	3:28	5	24:27	67	30:17