



Detailed evaluation

Lange, Larissa

Total time: 1:56:35

Club: Berlin

Number: 665

Course: 32.69 km

Rank in course/Total: 276 (of 318)

Jedermann/Sprint

Rank in course/Women: 67 (of 92)

Best time in course: 1:23:10

Category:

Rank in category: 8(of 12)

SEN3 / TW 50

Best time in the category: 1:29:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.70	20:11	28:50	8	3:25	51	6:40	0.70	20:11	28:50	8	3:25	51	6:40
Wechsel S -> R	0.26	6:37	25:26	12	4:41	90	5:11	0.96	26:48	27:55	11	7:50	79	11:47
Schwimmen Total	0.96	26:48	27:55	11	7:50	79	11:47	0.96	26:48	27:55	11	7:50	79	11:47
Rad netto	28.00	1:05:38	2:20	8	13:48	69	15:15	28.96	1:32:26	3:11	9	20:30	72	26:01
Wechsel R -> L	0.13	2:45	21:09	12	1:35	89	1:57	29.09	1:35:11	3:16	9	21:39	73	27:57
Rad Total	28.13	1:08:23	2:25	8	14:49	70	16:56	29.09	1:35:11	3:16	9	21:39	73	27:57
Lauf	3.60	21:24	5:56	6	5:23	58	6:51	32.69	1:56:35	3:33	8	26:54	68	33:25