



Detailed evaluation

Strohschneider, Sandra

Total time: 7:26:33

Club: Kassel

Number: 89

Course: 116.79 km

Rank in course/Total: 80 (of 87)

Mittel Distanz

Rank in course/Women: 11 (of 11)

Best time in course: 5:24:24

Category:

Rank in category: 3(of 3)

SEN1 / TW 40

Best time in the category: 5:48:41

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	1.90	45:07	23:44	3	4:42	10	10:24	1.90	45:07	23:44	3	4:42	10	10:24
Wechsel S -> R	0.26	5:15	20:11	3	1:50	9	3:22	2.16	50:22	23:19	3	6:31	10	13:46
Schwimmen Total	2.16	50:22	23:19	3	6:31	10	13:46	2.16	50:22	23:19	3	6:31	10	13:46
Rad netto	93.00	3:45:07	2:25	3	34:42	11	43:27	95.16	4:35:29	2:53	3	41:13	11	57:13
Wechsel R -> L	0.13	3:09	24:13	3	0:54	11	1:47	95.29	4:38:38	2:55	3	41:38	11	58:51
Rad Total	93.13	3:48:16	2:27	3	35:07	11	45:05	95.29	4:38:38	2:55	3	41:38	11	58:51
Lauf	21.50	2:47:55	7:48	3	56:14	11	1:10:08	116.79	7:26:33	3:49	3	1:37:52	11	2:02:09