



Erkner Triathlon 2.0

Erkner / 09.09.2018

Detailed evaluation

Schwedhelm, Carolina

Total time: 2:48:21

Club: Berlin

Number: 316

Course: 51.89 km

Rank in course/Total: 79 (of 236)

Olympisch

Rank in course/Women: 6 (of 38)

Best time in course: 2:37:05

Category:

Rank in category: 2(of 10)

AK3 / TW 30

Best time in the category: 2:47:33

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	1.50	34:40	23:06	1	-	7	9:06	1.50	34:40	23:06	1	-	7	9:06
Wechsel S -> R	0.26	4:41	18:00	8	2:28	34	3:25	1.76	39:21	22:21	1	-	11	9:49
Schwimmen Total	1.76	39:21	22:21	1	-	11	9:49	1.76	39:21	22:21	1	-	11	9:49
Rad netto	40.00	1:16:58	1:55	1	-	3	4:19	41.76	1:56:19	2:47	1	-	8	11:58
Wechsel R -> L	0.13	1:44	13:20	3	0:33	17	0:47	41.89	1:58:03	2:49	1	-	9	12:45
Rad Total	40.13	1:18:42	1:57	1	-	5	4:30	41.89	1:58:03	2:49	1	-	9	12:45
Lauf	10.00	50:18	5:01	2	1:15	4	1:15	51.89	2:48:21	3:14	2	0:48	6	11:16