



Erkner Triathlon 2.0

Erkner / 09.09.2018

Detailed evaluation

Hollys Kuchenexpress

Total time: 2:33:49

Number: 432

Speed: 20.09 km/h

Running performance: 2:59 min/km

Course: 51.50 km

Olympische Distanz Staffel

Rank in course: 10 (of 29)

Best time in course: 2:07:13

Category:

Rank in category: 10(of 29)

Staffel

Best time in the category: 2:07:13

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Schwimmen nett	1.50	39:02	26:01	18	13:09	18	13:09	1.50	39:02	26:01	18	13:09	18	13:09
Wechsel S -> R	-	1:23	-	19	0:21	19	0:21	1.50	40:25	-	18	12:59	18	12:59
Rad netto	40.00	58:08	1:27	1	-	1	-	41.50	1:38:33	2:22	4	8:35	4	8:35
Wechsel R -> L	-	0:54	-	21	0:18	21	0:18	41.50	1:39:27	-	4	8:46	4	8:46
Lauf	10.00	54:22	5:26	19	17:50	19	17:50	51.50	2:33:49	2:59	10	26:36	10	26:36