



Detailed evaluation

ELIXIA LIO Flamingos

Number: 470

Course: 51.50 km

Olympische Distanz Staffel

Category:

Staffel

Total time: 2:45:02

Speed: 18.54 km/h

Running performance: 3:12 min/km

Rank in course: 14 (of 29)

Best time in course: 2:07:13

Rank in category: 14(of 29)

Best time in the category: 2:07:13

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Stage score			Total ranking			
								Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Schwimmen nett	1.50	37:04	24:42	15	11:11	15	11:11	1.50	37:04	24:42	15	11:11	15	11:11
Wechsel S -> R	-	1:40	-	25	0:38	25	0:38	1.50	38:44	-	15	11:18	15	11:18
Rad netto	40.00	1:17:44	1:56	18	19:36	18	19:36	41.50	1:56:28	2:48	15	26:30	15	26:30
Wechsel R -> L	-	0:37	-	2	0:01	2	0:01	41.50	1:57:05	-	15	26:24	15	26:24
Lauf	10.00	47:57	4:47	12	11:25	12	11:25	51.50	2:45:02	3:12	14	37:49	14	37:49