



Detailed evaluation

Team Grünheide - Mitteldistanz

Total time: 6:56:12

Number: 113

Speed: 16.79 km/h

Running performance: 3:34 min/km

Course: 116.50 km

Mittel Distanz Staffel

Rank in course: 11 (of 12)

Best time in course: 4:12:53

Category:

Rank in category: 11(of 12)

Staffel

Best time in the category: 4:12:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Stage score			Total ranking			
								Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Schwimmen nett	1.90	53:02	27:54	12	22:22	12	22:22	1.90	53:02	27:54	12	22:22	12	22:22
Wechsel S -> R	0.30	1:24	4:40	7	0:28	7	0:28	2.20	54:26	24:44	12	22:50	12	22:50
Rad netto	93.00	3:16:56	2:07	10	59:40	10	59:40	95.20	4:11:22	2:38	10	1:22:30	10	1:22:30
Wechsel R -> L	0.30	1:14	4:06	8	0:29	8	0:29	95.50	4:12:36	2:38	10	1:22:59	10	1:22:59
Lauf	21.00	2:43:36	7:47	12	1:20:20	12	1:20:20	116.50	6:56:12	3:34	12	2:43:19	12	2:43:19