



Frühjahrs-cross im Steigerwald

Erfurt / 17.03.2018

Detailed evaluation

Schmidt, Jens

Club: LTV Erfurt

Number: 1453

Course: 8.00 km

8km Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 40:54

Speed: 11.74 km/h

Running performance: 5:07 min/km

Rank in course/Total: 9 (of 25)

Rank in course/Men: 9 (of 20)

Best time in course: 36:10

Rank in category: 1(of 2)

Best time in the category: 40:54