



Frühjahrs-cross im Steigerwald

Erfurt / 17.03.2018

Detailed evaluation

LINHORST, Harald

Club: Ottstedt am Berge

Number: 1408

Course: 8.00 km

8km Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 43:27

Speed: 11.05 km/h

Running performance: 5:26 min/km

Rank in course/Total: 12 (of 25)

Rank in course/Men: 11 (of 20)

Best time in course: 36:10

Rank in category: 1(of 1)

Best time in the category: 43:27