



# Frühjahrs-cross im Steigerwald

Erfurt / 17.03.2018

## Detailed evaluation

**HARTMANN, Frank**

Club: LG Zeitz

Number: 1375

Course: 8.00 km

8km Lauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 49:26

Speed: 9.71 km/h

Running performance: 6:11 min/km

Rank in course/Total: 17 (of 25)

Rank in course/Men: 14 (of 20)

Best time in course: 36:10

Rank in category: 2(of 2)

Best time in the category: 45:10