



24. Hainich-Lauf  
Mihla / 01.05.2018

## Detailed evaluation

**MICHL, Rene**

Club: Bad Salzungen  
Number: 223

Course: 13.00 km  
Mittelstrecke

Category:  
Senioren M40 (40-44 Jahre)

Total time: 58:57

Speed: 13.23 km/h  
Running performance: 4:32 min/km

Rank in course/Total: 9 (of 89)

Rank in course/Men: 8 (of 60)

Best time in course: 52:14

Rank in category: 2(of 5)

Best time in the category: 52:14