



24. Hainich-Lauf

Mihla / 01.05.2018

Detailed evaluation

Siemon, Thomas

Club: SV Blau Weiss 90 Creuzburg

Number: 256

Course: 13.00 km

Mittelstrecke

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:00:20

Speed: 12.93 km/h

Running performance: 4:38 min/km

Rank in course/Total: 13 (of 89)

Rank in course/Men: 12 (of 60)

Best time in course: 52:14

Rank in category: 3(of 5)

Best time in the category: 54:52