



24. Hainich-Lauf  
Mihla / 01.05.2018

## Detailed evaluation

**Schröder, Michael**

Club: OCR-Germany  
Number: 252

Course: 13.00 km  
Mittelstrecke

Category:  
Senioren M45 (45-49 Jahre)

Total time: 1:01:53

Speed: 12.60 km/h  
Running performance: 4:46 min/km

Rank in course/Total: 17 (of 89)

Rank in course/Men: 15 (of 60)

Best time in course: 52:14

Rank in category: 3(of 13)

Best time in the category: 53:30