



24. Hainich-Lauf  
Mihla / 01.05.2018

## Detailed evaluation

**THOMAS, Christian**

Club: LAV Saale Rennsteig  
Number: 234

Course: 13.00 km  
Mittelstrecke

Category:  
Senioren M30 (30-34 Jahre)

Total time: 1:08:12

Speed: 11.44 km/h  
Running performance: 5:15 min/km

Rank in course/Total: 32 (of 89)

Rank in course/Men: 27 (of 60)

Best time in course: 52:14

Rank in category: 3(of 8)

Best time in the category: 1:01:46