



24. Hainich-Lauf
Mihla / 01.05.2018

Detailed evaluation

THOMAS, Frank

Club: LAV Saale Rennsteig
Number: 235

Course: 13.00 km
Mittelstrecke

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:08:40

Speed: 11.36 km/h
Running performance: 5:17 min/km

Rank in course/Total: 35 (of 89)

Rank in course/Men: 30 (of 60)

Best time in course: 52:14

Rank in category: 4(of 5)

Best time in the category: 54:52