



24. Hainich-Lauf
Mihla / 01.05.2018

Detailed evaluation

RUDORF, Hans-Joachim

Club: FSV Meuselwitz
Number: 229

Course: 13.00 km
Mittelstrecke

Category:
Senioren M60 (60-64 Jahre)

Total time: 1:11:26

Speed: 10.92 km/h
Running performance: 5:29 min/km

Rank in course/Total: 46 (of 89)

Rank in course/Men: 37 (of 60)

Best time in course: 52:14

Rank in category: 3(of 4)

Best time in the category: 1:06:01