



24. Hainich-Lauf
Mihla / 01.05.2018

Detailed evaluation

BAUMBACH, Rüdiger

Club: RELAX Bischofroda
Number: 203

Course: 13.00 km
Mittelstrecke

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:17:50

Speed: 10.02 km/h
Running performance: 5:59 min/km

Rank in course/Total: 56 (of 89)

Rank in course/Men: 43 (of 60)

Best time in course: 52:14

Rank in category: 10(of 13)

Best time in the category: 53:30