



24. Hainich-Lauf
Mihla / 01.05.2018

Detailed evaluation

Esche, Sonja

Club: LSV LOK Arnstadt
Number: 243

Course: 13.00 km
Mittelstrecke

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 1:22:53

Speed: 9.41 km/h
Running performance: 6:23 min/km

Rank in course/Total: 71 (of 89)
Rank in course/Women: 21 (of 29)

Best time in course: 57:30

Rank in category: 4(of 4)
Best time in the category: 1:08:44