



24. Hainich-Lauf  
Mihla / 01.05.2018

## Detailed evaluation

**Bärwolf, Silvia**

Club: Laufftreff Breitungen eV  
Number: 280

Course: 13.00 km  
Mittelstrecke

Category:  
Seniorinnen W55 (55-59 Jahre)

Total time: 1:26:43

Speed: 8.99 km/h  
Running performance: 6:40 min/km

Rank in course/Total: 75 (of 89)  
Rank in course/Women: 23 (of 29)  
Best time in course: 57:30

Rank in category: 1(of 2)  
Best time in the category: 1:26:43