



24. Hainich-Lauf
Mihla / 01.05.2018

Detailed evaluation

Krüger, Lars

Club: LAV Saale Rennsteig
Number: 258

Course: 13.00 km
Mittelstrecke

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:29:10

Speed: 8.75 km/h
Running performance: 6:52 min/km

Rank in course/Total: 82 (of 89)

Rank in course/Men: 57 (of 60)

Best time in course: 52:14

Rank in category: 13(of 13)

Best time in the category: 53:30