



24. Hainich-Lauf  
Mihla / 01.05.2018

## Detailed evaluation

Heinzeroth, Jörg

Club: Werratal Runners  
Number: 430

Course: 21.10 km  
Halbmarathon

Category:  
Senioren M50 (50-54 Jahre)

Total time: 1:49:27

Speed: 11.57 km/h  
Running performance: 5:11 min/km

Rank in course/Total: 24 (of 54)

Rank in course/Men: 21 (of 45)

Best time in course: 1:19:55

Rank in category: 4(of 8)

Best time in the category: 1:35:26