



24. Hainich-Lauf
Mihla / 01.05.2018

Detailed evaluation

Steinhardt, Ralf

Club: Weinbergen
Number: 445

Course: 21.10 km
Halbmarathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:58:50

Speed: 10.65 km/h
Running performance: 5:38 min/km

Rank in course/Total: 39 (of 54)

Rank in course/Men: 35 (of 45)

Best time in course: 1:19:55

Rank in category: 4(of 4)

Best time in the category: 1:39:37