



24. Hainich-Lauf  
Mihla / 01.05.2018

## Detailed evaluation

**POKAHR, Viola**

Club: Sonntagsläufer Tambach-Dietharz  
Number: 226

Course: 13.00 km  
Mittelstrecke

Category:  
Seniorinnen W55 (55-59 Jahre)

Total time: 2:01:40

Speed: 6.41 km/h  
Running performance: 9:22 min/km

Rank in course/Total: 89 (of 89)

Rank in course/Women: 29 (of 29)

Best time in course: 57:30

Rank in category: 2(of 2)

Best time in the category: 1:26:43