



24. Hainich-Lauf  
Mihla / 01.05.2018

## Detailed evaluation

**STEINWACHS, Bert**

Club: Laufgruppe Treffurt  
Number: 113

Course: 6.60 km  
Kurzstrecke

Category:  
Senioren M40 (40-44 Jahre)

Total time: 31:10

Speed: 12.71 km/h  
Running performance: 4:43 min/km

Rank in course/Total: 3 (of 58)

Rank in course/Men: 3 (of 29)

Best time in course: 26:09

Rank in category: 1(of 3)

Best time in the category: 31:10