



15. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 31.03.2018

Detailed evaluation

CARL, Wilfried

Club: WalschbergRunners
Number: 29

Course: 9.30 km
Kurze Strecke

Category:
Senioren M55 (55-59 Jahre)

Total time: 51:14

Speed: 10.89 km/h
Running performance: 5:31 min/km

Rank in course/Total: 122 (of 277)

Rank in course/Men: 105 (of 188)

Best time in course: 33:12

Rank in category: 4(of 13)

Best time in the category: 37:33