



15. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 31.03.2018

Detailed evaluation

TROMMER, Ray

Club: Heyda
Number: 175

Course: 9.30 km
Kurze Strecke

Category:
Senioren M45 (45-49 Jahre)

Total time: 53:01

Speed: 10.19 km/h
Running performance: 5:42 min/km

Rank in course/Total: 145 (of 277)

Rank in course/Men: 120 (of 188)

Best time in course: 33:12

Rank in category: 17(of 26)

Best time in the category: 39:02