



15. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 31.03.2018

Detailed evaluation

BIER, Volker

Club: fit & run weimar
Number: 22

Course: 9.30 km
Kurze Strecke

Category:
Senioren M65 (65-69 Jahre)

Total time: 53:10

Speed: 10.16 km/h
Running performance: 5:43 min/km

Rank in course/Total: 148 (of 277)

Rank in course/Men: 122 (of 188)

Best time in course: 33:12

Rank in category: 3(of 10)

Best time in the category: 42:26