



15. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 31.03.2018

Detailed evaluation

RITZE, Detlef

Club: Lauffreiwort Arnstadt Alteburg
Number: 137

Course: 9.30 km
Kurze Strecke

Category:
Senioren M65 (65-69 Jahre)

Total time: 53:14

Speed: 10.14 km/h
Running performance: 5:43 min/km

Rank in course/Total: 149 (of 277)

Rank in course/Men: 123 (of 188)

Best time in course: 33:12

Rank in category: 4(of 10)

Best time in the category: 42:26