



15. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 31.03.2018

Detailed evaluation

Thoma, Manfred

Number: 285

Course: 9.30 km

Kurze Strecke

Category:

Senioren M60 (60-64 Jahre)

Total time: 53:30

Speed: 10.09 km/h

Running performance: 5:45 min/km

Rank in course/Total: 152 (of 277)

Rank in course/Men: 126 (of 188)

Best time in course: 33:12

Rank in category: 8(of 15)

Best time in the category: 40:40