



15. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 31.03.2018

Detailed evaluation

SEIDEMANN, Andre

Club: VS Leipzig
Number: 158

Course: 9.30 km
Kurze Strecke

Category:
Senioren M60 (60-64 Jahre)

Total time: 53:32

Speed: 10.09 km/h
Running performance: 5:46 min/km

Rank in course/Total: 154 (of 277)

Rank in course/Men: 128 (of 188)

Best time in course: 33:12

Rank in category: 9(of 15)

Best time in the category: 40:40