



15. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 31.03.2018

Detailed evaluation

RIEDEL, Matthias

Club: Zella-mehlis
Number: 132

Course: 9.30 km
Kurze Strecke

Category:
Senioren M45 (45-49 Jahre)

Total time: 53:33

Speed: 10.42 km/h
Running performance: 5:46 min/km

Rank in course/Total: 155 (of 277)

Rank in course/Men: 129 (of 188)

Best time in course: 33:12

Rank in category: 18(of 26)

Best time in the category: 39:02